

**DEPARTMENT OF SOCIAL AND HEALTH SERVICES  
MEDICAL ASSISTANCE ADMINISTRATION  
Olympia, Washington**

**To:** All Providers  
Regional Administrators  
CSO Administrators

**Memorandum No.: 02-08 MAA**  
**Issued:** March 20, 2002

**From:** Douglas Porter, Assistant Secretary  
Medical Assistance Administration

**For further information, call:**  
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**Subject: Disease Management Program**

**Effective April 1, 2002, the Medical Assistance Administration (MAA) will implement a Disease Management (DM) program that provides additional resources to eligible clients' current medical care.** This numbered memorandum provides detailed information about the DM program and client eligibility requirements. There are approximately 20,000 fee-for-service (FFS) clients in Washington who may qualify to participate in this program.

## **Background**

In 2001, the Department of Social and Health Services (DSHS) received a Legislative directive stating "The Medical Assistance program will research and implement at least three pilot projects to assist individuals with targeted diseases to improve their health." This directive is found in the 2001-03 Operating Budget, Chapter 7, and Laws of 2001 E2, Section 209 (6).

## **Scope of Services**

MAA has contracted with three DM vendors who will provide intensive case management and coordination activities to improve health outcomes for clients who have one or more of the conditions below.

Initial targeted diseases are:

- ✓ Asthma;
- ✓ Congestive Heart Failure;
- ✓ Coronary Artery Disease;
- ✓ Diabetes; and
- ✓ End Stage Renal Disease/Chronic Kidney Disease

Clients with any of the above conditions may be receiving services from one or more DSHS administrations such as the Mental Health Division, the Division of Alcohol and Substance Abuse, the Aging and Adult Services Administration, and the Division of Developmental Disabilities.

The Disease Management projects will involve the following three key components:

MAA and DM vendors will:

- Identify clients who have one or more of the conditions listed on the previous page and who are likely to become more seriously ill due to a combination of medical, social, and functional problems.
- Work with these identified clients and their primary care provider to improve adherence to treatment plans. If the client does not currently have a primary care provider, the DM vendor will work with the client at the local level to establish a “medical home” and access to necessary specialty care.
- Work with case managers in other DSHS divisions to ensure the coordination of services being provided to clients with multiple co-morbid conditions and functional disabilities.

The three companies contracted for Disease Management are:

- **CorSolutions Medical Inc.**, a Chicago-based health intelligence and solutions company, will provide population health management care for eligible clients with Diabetes, Congestive Heart Failure and Coronary Artery Disease. CorSolutions Medical Inc. can be reached at: 1-866-676-0740.
- **McKesson Health Solutions LLC**, of Denver, CO., a wholly owned subsidiary of McKesson Corporation, will manage care for eligible clients with Asthma. McKesson Health Solutions LLC can be reached at: 1-800-444-0125.
- **Renaissance Health Care Inc.**, also of Denver, will provide management oversight for Western Washington eligible clients with Renal Disease. The counties to be served are: Clark, Cowlitz, Island, King, Kitsap, Pierce, Skagit, Snohomish, and Whatcom. In June 2002, Renaissance Health Care Inc. will be statewide. Renaissance Health Care Inc. can be reached at: 1-866-287-3625 or 1-866-28RENAL.

## Eligibility Requirements

To be eligible for the DM program, a client must be **one** of the following:

- A client with Asthma who is on TANF (Temporary Assistance for Needy Families) or in a children's medical program (not enrolled in managed care);
- A recipient of Supplemental Security Income (SSI)\* and not eligible for Medicare; or
- A recipient of GA-X\* (General Assistance – Unemployable with Expedited Categorically Needy).

And must meet **all** of the following criteria:

- Receive medical care through MAA's fee-for-service (FFS) system;
- Have one of the targeted diagnoses on page 1; and
- Not be a recipient of Medicare benefits.

**\*Note:** Clients may currently be receiving services through any or all of the DSHS administrations. Clients who are eligible for SSI and GA-X scope of medical care include:

- ✓ Those with disabilities severe enough to prevent employment for at least one year; and
- ✓ Children with functional limitations that significantly affect daily activities.

***MAA urges providers who serve these types of clients to contact the DM vendors to see how the DM vendor can help in serving the client.***

## Disease Management Enrollment

All FFS clients meeting the eligibility requirements will be automatically enrolled in the DM program. Clients who do not wish to participate in the program may "opt out" or disenroll at any time by calling the Medical Assistance Customer Service Center (MACSC) at 1-800-562-3022.

Clients who are not enrolled in a managed care plan have the right to choose any MAA provider as allowed under Section 1902(a)(23) of the Social Security Act.

## Payment for Disease Management Services

Payment for DM services does not constitute a duplication of payments made to public agencies or private entities under other program authorities. Only the three companies listed on page 2 are eligible to provide this service for the first year of the program.



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